

You
ARE
SO DANG
WORTHY

shine
on

✧
you are
capable ✧
of amazing
✧ things

IT WILL GET
✧ better ✧

DITCH YOUR
COMFORT ZONE

Grow
with the ✧
Flow ✧

it's
Okay
ish

YOU'RE DOING GREAT

your ✧
feelings
are
✧ valid

don't
give
up

NO RISK
NO MAGIC

All
Good

Love
yourself
first

remember
✧ why you
started ✧

STEP BY STEP
DAY BY DAY

CONQUER
FROM WITHIN

YOU
matter ✧

CHOOSE ☺
Happy

actually,
I can

shake
it off

Focus!

Do it
for
You ✧

START
SOMEWHERE

LOVE THE PROCESS

SO FAR
SO GOOD

small
steps

sometimes
✧ you win
sometimes ✧
you learn
✧